

POST DENTAL IMPLANT INSTRUCTIONS

After dental implant surgery, do not disturb the wound. Avoid rinsing, spitting, or touching the wound on the day of the surgery. There will be a metal healing abutment protruding through the gingival (gum) tissue.

BLEEDING

Some bleeding or redness in the saliva is normal for 24 hours. Excessive bleeding (your mouth fills rapidly with blood) can be controlled by biting on a gauze pad placed directly on the bleeding wound for 30 minutes. If the bleeding continues profusely, please call for further instructions.

SWELLING

Swelling is a normal occurrence after surgery. To minimize swelling, apply an ice bag, plastic bag, or towel filled with ice on the cheek in the area where the surgery took place. Apply the ice continuously, as much as possible, for the first 36 hours.

DIET

Drink plenty of fluids. Avoid hot liquids or food. Soft food and liquids should be eaten on the day of surgery. Return to a normal diet as soon as possible unless otherwise directed.

PAIN

You should begin taking pain medication as soon as you feel the local anesthetic wearing off. For moderate pain, one or two tablets of Tylenol or Extra Strength Tylenol may be taken every 3-4 hours. Ibuprofen (Advil or Motrin) may be taken instead of Aspirin. Ibuprofen bought over the counter comes in 200 mg tablets: 2-3 tablets may be taken four times daily, not to exceed 3200 mg daily for an adult. Consult our practice for individuals under 18. Do not take the two medications at the same time. For severe pain, the prescribed medication should be taken as directed. Do not take any of the above medication if you are allergic to them, or have been instructed by Dr. Schneider not to take it. Do not drive an automobile or work around machinery. Avoid alcoholic beverages. Pain or discomfort following surgery should subside more and more every day. If pain persists, it may require attention and should call the office.